



Moducare®

Nature's Harmony® Moducare® restores, strengthens and balances the immune system. Moducare® is a patented blend of the plant nutrients sterols and sterolins in a clinically proven ratio of 100:1. This formulation has been found to be effective at balancing the immune system—enhancing an underactive immune system and/or modulating an overactive one. Taken daily, it also helps prevent bacterial and viral infections, improves allergy symptoms and is a strong anti-inflammatory.

PRODUCT CODE: 665100 (105 caps); 665110 (210 caps)

HEALTH SOLUTIONS:

RECOMMENDED USE	DOSAGE FORM	RECOMMENDATIONS
Helps support a healthy immune system balance.	Capsule	<i>Adults and children 17 years and over:</i> Take 1 capsule three times daily OR 2 capsules upon arising and 1 capsule before bed. <i>Children 11 to 16 years:</i> Take 1 capsule, twice daily. <i>Children 5 to 10 years:</i> Take 1 capsule, one to two times daily. For best results, take with water or juice between meals on an empty stomach. Use for a minimum of two to three months to see a beneficial effect.

DESCRIPTION:

Nature's Harmony® Moducare® is an excellent source of plant sterols. These beneficial plant fats, also known as phytosterols, are found in fruits, vegetables, nuts and seeds. Phytosterols offer immune-enhancing properties and can activate the cells that regulate immunity. Phytosterols also have anti-inflammatory properties and can help lower the release of the stress hormone cortisol. These combined benefits of phytosterols offer significant support to daily immune system health.

Recommended Daily Allowance: N/A

Food Sources: In limited amounts in vegetables.

Causes of Deficiency: Weakened immune function from stress, illness, poor diet and certain prescription medications.

Symptoms of Deficiency: Frequent colds or infections, autoimmune conditions, allergies, fatigue.

Complementary Nutrients: Multi-mune®, aged garlic extract, Relora®, a daily multi-vitamin and probiotics.

HOW IT WORKS:

Moducare® is considered a daily supplement and should be taken as long as you want to aid the immune system to be balanced. Sterols and sterolins do not "fix" the immune system, but provide the nutrients needed to help keep it in balance. They are absorbed in the small intestine and are then transported to the cell lipid (fat) membrane. Here, they are beneficial to the messenger system within the cell and modulate specific immune factors that can help control disease conditions.



DID YOU KNOW...

Moducare® was the first plant sterol and sterolin product in the North American marketplace and is the only one to have undergone such rigorous clinical tests.

Moducare®

RESEARCH:

Research on sterols has been underway since the 1920s. Dr. Patrick Bouic, PhD, at Stellenbosch University in South Africa, has been researching the exact combination of sterols and sterolins found in Moducare® for over a decade. There has been extensive testing and clinical trials, including double-blind, placebo-controlled studies. This research has shown Moducare® can increase natural killer cell activity, improve the activity of T cells and may also be effective in the management of chronic inflammatory conditions such as rheumatoid arthritis and seasonal allergies. Several studies on plant sterols and sterolins have been published in international medical journals.

SIDE EFFECTS:

Nature's Harmony® Moducare is well tolerated and considered safe. However, when the immune system becomes balanced, some sensitive individuals may experience symptoms that indicate the body is trying to rid itself of toxins. These symptoms are temporary and may include digestive problems, rashes, headaches and fatigue.

INTERACTIONS AND SAFETY CONSIDERATIONS:

There are no known interactions with Moducare® and any natural supplements. There is no conclusive evidence to suggest an interaction with medication. Not to be used by organ and tissue transplant recipients, including bone marrow and corneal transplants, individuals with a history of diabetes or multiple sclerosis, unless on the advice of and under the direct supervision of a health care practitioner. Do not use if you are pregnant, breastfeeding or have sitosterolemia. Some individuals may experience temporary digestive problems, rashes, headache and fatigue.

LABEL:

Natures Harmony

Moducare®

Aide à soutenir l'équilibre sain du système immunitaire.

105 capsules végétales
NPN 80003342

Usage recommandé: Aide à soutenir l'équilibre sain du système immunitaire.
Poéologie recommandée: Adultes et enfants âgés de 17 ans et plus: Prendre 1 capsule, trois fois par jour, OU 2 capsules au lever et 1 capsule avant le coucher.
Enfants de 11 à 16 ans: Prendre 1 capsule, deux fois par jour.
Enfants de 5 à 10 ans: Prendre 1 capsule, une ou deux fois par jour.
Pour des résultats meilleurs, prendre avec de l'eau ou un jus, à jeun, entre les repas. Prendre pendant au moins deux à trois mois avant de constater un effet bénéfique.

Ingédients médicinaux:
Chaque capsule contient:
Béta-sitostérol (provenant de résine).....20 mg
Néotène d'huile de tail de pin).....0.2 mg
Béta-sitostérol.....0.2 mg
Ingédients non médicinaux: farine de riz, stéarate de magnésium, dioxyde de silicium, cellulose, cellulose végétale.

Information sur les risques: Ne doit pas être pris par les récipièntes de greffes de tissus et d'organes, y inclus les greffes de moelle épinière et de cornées, par les personnes qui ont des antécédents de diabète ou de sclérose en plaques, à moins d'avis contraire ou sous la supervision directe d'un praticien de soins de santé. Ne pas utiliser si vous êtes enceinte ou allaitante, ou si vous souffrez de sitostérolémie. Certaines personnes pourraient manifester temporairement des troubles digestifs, des irritations, des maux de têtes et de la fatigue.
Ce produit ne contient pas de maïs, ingrédients laitiers, œuf, gluten, crustacés, soya, sulfites, dérivés d'origine animale ou colorants, arômes ou agents de conservation artificiels.
RANGER DANS UN ENDROIT FRAIS ET SEC.
GARDER HORS DE PORTÉE DES ENFANTS.

Recommended Use: Helps support a healthy immune system balance.
Recommended Dose: Adults and children 17 years and over: Take 1 capsule three times daily OR 2 capsules upon arising and 1 capsule before bed.
Children 11 to 16 years: Take 1 capsule, twice daily.
Children 5 to 10 years: Take 1 capsule, one to two times daily.
For best results, take with water or juice between meals on an empty stomach. Use for a minimum of two to three months to see a beneficial effect.

Medicinal Ingredients:
Each capsule contains:
Beta-sitosterol (from pine tail oil pitch).....20 mg
Beta-sitosterol.....0.2 mg
Non-medicinal Ingredients: Rice flour, magnesium stearate, silicon dioxide, cellulose, vegetable cellulose.

Risk Information: Not to be used by organ and tissue transplant recipients, including bone marrow and corneal transplants, individuals with a history of diabetes or multiple sclerosis, unless on the advice of and under the direct supervision of a health care practitioner. Do not use if you are pregnant, breastfeeding or have sitosterolemia. Some individuals may experience temporary digestive problems, rashes, headache and fatigue.
This product does not contain corn, dairy, egg, gluten, shellfish, soy, sulfites, animal derivatives or artificial colours, flavours or preservatives.

Helps Support a Healthy Immune System Balance

105 Vegetable Capsules
NPN 80003342

Actual Size
Grandeur réelle

DO NOT USE IF SEAL UNDER CAP IS BROKEN.
NE PAS UTILISER SI L'OPERCULE INTÉRIEUR EST BRISÉ.

SanOpta Inc.
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A Proud Canadian Company
Une compagnie canadienne fière de l'être.

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