



Saw Palmetto

Nature's Harmony® Saw Palmetto is an exceptional natural herbal remedy for the treatment of urinary symptoms associated with benign prostatic hyperplasia (BPH).

PRODUCT CODE: 400831

HEALTH SOLUTIONS:

RECOMMENDED USE	DOSAGE FORM	RECOMMENDATIONS
To relieve the urinary symptoms associated with BPH (benign prostatic hyperplasia).	Capsules	Adults take 1 capsule 3 times daily. Use for a minimum of 3 months for beneficial effects. Consult a health care practitioner if symptoms persist beyond 6 months.

DESCRIPTION:

Each capsule of Nature's Harmony® Saw Palmetto contains 550 mg of saw palmetto (*Serenoa repens*) berry. This product does not contain corn, dairy, egg, gluten, shellfish, soy, sulfites, or artificial colours, flavours, and preservatives.

Recommended Daily Allowance: N/A

Food Sources: N/A

Causes of Deficiency: Aging.

Symptoms of Deficiency: Frequency and urgency of urination, nocturia, decreased and intermittent force of stream, sensation of incomplete bladder emptying.

Complementary Nutrients: Healthful diet and lifestyle.

HOW IT WORKS:

Saw palmetto berry helps to relieve the urinary symptoms of benign prostatic hyperplasia (BPH, or non-malignant enlargement of the prostate gland) by inhibiting the conversion of testosterone to dihydrotestosterone (DHT), which leads to BPH. Many men, as they get older, experience problems of the prostate gland that affect their quality of life. Prostate enlargement resulting from BPH narrows the urethra, thus producing poor urinary flow, which can also translate into a host of other urinary symptoms, including hesitancy or straining to urinate; painful urination; dripping after urination; increased urinary frequency, particularly at night; and a feeling that the bladder is not quite empty.



DID YOU KNOW...

In the early part of the twentieth century, saw palmetto was also thought to increase sperm count and sex drive in men.

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RESEARCH:

The efficacy of saw palmetto has been demonstrated by double-blind clinical trials in humans that show saw palmetto berry as a safe and effective treatment for the symptoms of BPH.

SIDE EFFECTS:

Rarely, some individuals may experience mild side effects, including gastrointestinal discomfort.

INTERACTIONS AND SAFETY CONSIDERATIONS:

Consult a health care practitioner if symptoms persist or worsen. Consult a health care practitioner prior to use to exclude a diagnosis of prostate cancer.

OTHER CONSIDERATIONS:

Do not use if you are pregnant or breastfeeding. Keep out of reach of children.

LABEL:

Natures Harmony®

Baie de sabal
550 mg

Aide à soulager les symptômes urinaires dus à une HBP

60 capsules
NPN 80005229

Usage recommandé : Aide à soulager les symptômes urinaires causés par l'hypertrophie bénigne de la prostate (HBP).

Dose recommandée (hommes adultes) : Prendre 1 capsule, trois fois par jour.

Ingédient médicinaux :
Chaque capsule contient :
Baies de sabal (Serenoa repens)..... 550 mg

Ingédients non médicinaux : cellulose, stéarate de magnésium, dioxyde de silicium, gélatine.

Information sur les risques : Consulter un praticien de soins de santé si les symptômes persistent ou s'aggravent. Consulter un praticien de soins de santé avant d'en faire l'usage afin d'exclure un diagnostic du cancer de la prostate.

Ce produit ne contient pas de maïs, ingrédients laitiers, œuf, gluten, crustacés, soya, sulfites ou colorants, arômes ou agents de conservation artificiels.

RANGER DANS UN ENDROIT FRAIS ET SEC. TENIR HORS DE PORTÉE DES ENFANTS.

Recommended Use: Helps to relieve the urinary symptoms associated with BPH (benign prostatic hyperplasia).

Recommended Dose (Adult males): Take 1 capsule three times daily.

Medicinal Ingredient:
Each capsule contains:
Saw palmetto (Serenoa repens) berries 550 mg

Non-medicinal Ingredients: Cellulose, magnesium stearate, silicon dioxide, gelatin.

Risk Information: Consult a health care practitioner if symptoms persist or worsen. Consult a health care practitioner prior to use to exclude a diagnosis of prostate cancer.

This product does not contain corn, dairy, egg, gluten, shellfish, soy, sulfites, or artificial colours, flavours or preservatives.

STORE IN A COOL DRY PLACE. KEEP OUT OF REACH OF CHILDREN.

Actual Size
Grandeur réelle

DO NOT USE IF SEAL UNDER CAP IS BROKEN.
NE PAS UTILISER SI L'OPERCULE INTÉRIEUR EST BRISÉ.

www.naturesharmony.com
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Une compagnie canadienne fière de l'être.

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